

**CAUVERY COLLEGE FOR WOMEN**  
**(AUTONOMOUS)**  
**STAFF PROFILE**

**PERSONAL INFORMATION**

**1. Name** : S.FATHIMA

**2. Date of Birth** : 06/10/1977

**3. Address** :

Residential	Office
No. 3, Opp to Noor Mahal, Khajamalai, Trichy 23	Cauvery College For Women, Annamalai Nagar, Trichy 18

**ACADEMIC INFORMATION**

**4.Designation & Department** : Assistant Professor,  
Dept of Food Service Management and Dietetics

**5.Educational Qualification** :

Degree	Year	College/University
NET	June,2012	University Grants Commission
M.Sc.	April, 2012	Cauvery College for women/Bharathidasan University
B.Sc.	May, 1998	P.S.G. College for Arts and Science/ Bharathiar University

**6.Researcher ID** :

**GOOGLESCHOLAR**

<https://scholar.google.com/citations?hl=en&user=M003BOcAAAAJ&scilu=&scisig=AMD79ooAAAAAYFWmDASh2ZaYjGtxNbrJfgTeRheK-HV-&gmla=AJsN-F51JWLH6kT5jwrWpdv-uw7M47ovBLEdpG2C tC fYIZLn-TZnZA1u-I4VnyrHYBEre2PgvW5iqR8PmfcdsiqE6EtjTZZIVP6lXcT0JDyKaPr91H58k&sciund=5486224205497636960>

**SCOPUS ID** : <https://www.scopus.com/home.uri>

**WEB OF SCIENCE RESEARCHER ID :**

<https://apps.clarivate.com/account?app=censub&tab=email&next=https:%2F%2Fmj1.clarivate.com%2Fhome>

**ORCID ID :** 0000-0003-2817-3109

**VIDWAN ID :** <https://vidwan.inflibnet.ac.in//profile/205636/MjA1NjM2> 2

**MENDELEY :** <https://www.mendeley.com/reference-manager/library/all-references>

**PUBLONS :** <https://publons.com/researcher/4332361/fathima-s/>

**7.Experience :**

Date of Joining	Institution	Year of Experience
02.07.2012 (Part time)	Cauvery College for women	10 Years
12.06.2013 (Full time)		

**8. Areas of Specialization :** Food Service Management and Dietetics

**9. Languages known :** Tamil, English, Hindi

**10.Subjects Taught :**

<b>UG</b>	Human Physiology, Principles of Nutrition, Nutrition through Life Cycle
<b>PG</b>	Clinical Biochemistry, Counselling Skills, Front Office Management

**11. Research Supervision: NIL**

	University from where guideship obtained	Thesis		
		Completed (in numbers)	Year of Completion	Pursuing (in numbers)
<b>M.Phil</b>				
<b>P.hD</b>				

**12.Details of Publications:**

Journal Name & Volume	Year of Publication	ISBN Number	Name of the Paper	Impact Factor
International Journal of Pharma Research and Health Scieces Vol 4	2016	2348-6465	Nigella Sativa Therapy on Acute Alcoholic Gastritis	0.335

European Journal of Biomedica and Pharmaceutical Sciences vol 4	2017	2349- 8870	Efficacy of Nigella Sativa on Alcoholic Gastritis and Gastric Ulcer	4.3282
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### 13.Details of Papers Presented:

Date	Organizer	Name of the Seminar	Paper Name
10/01/2018	D.K.M College Geneobe Wellness, ICMR	International Conference In Omics Technologies In Nutritional Research	Therapeutic Efficacy of Nigella Sativa on Alcoholic Gastritis and Gastric Ulcer

### 14.Details of Seminars / Conferences / Workshops Attended:

Year & Date	Organizer	Title	National / International	Topic
04.01.2013 & 05.01.2013	Indian Institute of Crop Processing and Technology	Conference	International	Incoftech
18.02.2014	Alpha Hospital Madurai	Symposium	National	Symposium On Clinical Nutrition
21.08.2015	Aiman CollegeFor Women Trichy	National Seminar-	National	Nutu 2015 Emerging Vogue In Food Habits And Food Processing.
27.08.2016	Aiman College For Women Trichy & Indian dietetic association	Conference	National	Opportunities And Challenges In Dietetic Profession

23&24 <sup>th</sup> .04.2018	Srimad Andavan Arts and Science College.	Workshop	National	Two Day National Workshop On Training In Animal Experimentation And Phytochemical Techniques
24.08.2018	Bharathidasan University	Workshop	National	Research Intelligence and Scholarly publishing
20.12.2018	Cauvery College For Women			Microsoft Certification Programme
19.01.2019	UGC & Arul Anandar College	Seminar	International	Recent Trends in Food Processing Technology
30.01.2019	Indian Institute of Food Processing Technology	Seminar	National	Nutraceuticals and Functional Foods
26.09.2019 & 27.09.2019	Cauvery College For Women, (Autonomous), Trichy & Tamil Nadu State Council for Science & Technology	Workshop	State	State Level Technical Workshop on “Intellectual Property Rights”
17.03.2023	Food Processing Business Incubation Centre (FPBIC) – National Institute of Food Technology, Entrepreneurship and Management (NIFTEM), Thanjavur	One Day Training Programme		Processing of RTE & RTC foods
2/11/2023 to 9/11/2023	The Department of Computer Science, St. Albert's College (Autonomous), Ernakulam	7 Day National level Online Faculty Development Program	State	Outcome Based Education and Essential AI Tools for Teachers
22/02/2024 to 23/02/2024	Indira Ganesan College of Engineering, Trichy	Emerging trends in Management, Education, Engineering, Science and Technology	International	A Comprehensive review on Harnessing Eggshell Waste to combat calcium deficiency

**Details of Seminars / Conferences / Workshops Attended: (Through online mode)**

<b>Level</b>	<b>Topic</b>	<b>Date &amp; Time</b>	<b>Resource Person</b>	<b>Organizer</b>
State Webinar	Health And Well-Being During Covid-19 Pandemic	01.06.2020 3.00- 4.00pm	<b>Prof.Rahul Rao</b> , Registered Health Care & Hospital Consultant, NBQP, QCI, (Govt. of India), Dr.Reddy Laboratories.	Sengamalar Thayaar Educational Trust Women's College, Sundarakkottai, Mannargudi
State Webinar	Branding of Higher Education	20.06.2020 3.00-4.00pm	<b>Prof.Suresh Paul Antony</b> , Indian Institutue of Management, Trichy	Special Minds
International Webinar	Nutritional Genomics	13.06.2020 2.30-4.30pm	<b>1.Dr.Vimal Karani</b> , Associate Professor in Nutrigenetics & Nutrigenomics, Program Director for nutrition Degree programmes, Principal investigator & Founder of Genuine collaboration, Hugh Sinclair unit of Human Nutrition, University of Reading, United Kingdom. <b>2.Dr.S.Kowsalya</b> , Registrar and Professor, Dept of Food Science and Nutrition, Avinashilingam institute for Home Science and Higher Education for women Coimbatore, Tamilnadu.	Seethalakshmi Ramaswami College (Autonomous)
International Webinar	Novel nutrition approach and emerging oppurtunities to sustain in pandemic	15/06/20-18/06/20 2.30-4.30pm	<b>Dr. Anindita Shukla</b> Chief Consultant (Food & Nutrition) TSG – MDM, MHRD <b>Dr. Vimal S Karani</b> Associate Professor in Nutrigenetics &	Mount Camel College, Autonomous, Bengaluru.

	scenario		<p>Nutrigenomics University of Reading , UK</p> <p><b>Dr. Giridhara R Babu</b> Professor &amp; Head Life course Epidemiology Public Health Foundation of India</p> <p><b>Dr. Asna Urooj</b> Professor &amp; Chairperson Dept. of Studies in Food Science &amp; Nutrition, University of Mysore</p> <p><b>Dr. Robert Johnston</b> Nutrition Specialist UNICEF, New York</p> <p><b>Dr. Khyati Tiwari</b> Nutrition Specialist UNICEF , INDIA</p> <p><b>Dr. Praween Agarwal</b> Nutrition Monitoring and Evaluation Specialist UNICEF, India</p>	
International Webinar	Potential role of prebiotics and probiotics	23.06.2020 2.30-4.30pm		Seethalakshmi Ramaswami College (Autonomous)
International Webinar	Research Scope and Opportunities in the Field of Nutrition and Research tool development: Rapid Assessment Survey Questionnaire - Features and Applications	05/07/2020 4.00-6.00pm	<p>1.Prof. Anura V Kurpad</p> <p>2.Dr. A. Laxmaiah Scientist NIN</p>	Nutrition society of India,Mumbai Chapter.
International Webinar	Food laws and the requirements of food testing in India	08/07/20		AKS university, Satna
International Webinar : <b>Skills in Nutrition Research</b>	Research Methodology- Insights on study design, sampling techniques and sample size calculation	08/07/2020 2.00-5.00pm	Dr. Deepa Mohan	Nutrition society of India,Mumbai Chapter.

International Webinar: <b>Skills in Nutrition Research</b>	Ethics in Qualitative and Quantitative Research	14/07/2020 2.00-5.00pm	Dr. Kiran V Marthak	Nutrition society of India, Mumbai Chapter.
International Webinar: <b>Skills in Nutrition Research</b>	Scientific Writing- Research Articles	18/07/2020 2.00-5.00pm	Dr. Shobha Udipt	Nutrition society of India, Mumbai Chapter.
International Webinar: <b>Skills in Nutrition Research</b>	Scientific Writing- Review Articles	22/07/2020 2.00-5.00pm	Dr. Shobha Udipt	Nutrition society of India, Mumbai Chapter.
National FDP	E-learning Resource Creation - A Beginning towards new Era of E-learning	08/06/2020 to 20/06/2020	MOODLE	D. Y. Patil College of Engineering and Technology, Kolhapur, Maharashtra.
State level Webinar.	Decoding Obesity : Unlock the real U	20/03/2021 3.00-4.00pm	Dr.Jaya Shree S Todkar Metabolic & Bariartic Surgeon JT Centre of Excellence for Laproscopy and Obesity , Pune, Maharashtra.  Ms. Parimala Devi Kumara Swamy RD (UK) Bariatric Nutritionist & Coordinator PSG Hospitals – Super Speciality Coimbatore.	Azzura Pharmaconutrition
National	Research Methodology in Social Science	25 May 2021 11-12pm	Dr.T.R.Gurumoorthy, Member of Syndicate & Senior Professor and Head, Department of Commerce, Alagappa University, Karaikudi	Department of Commerce and Commerce With Computer Application, Arulmigu Kalasalingam College of Arts and Science, Krishnankoil,

#### 15. Details of Seminars / Conferences / Workshops Organized:

Date	Role	Organizer	National / International	Topic	Resource Person
26.09.2019 &	Organizing Committee	Cauvery College For Women,	State	A Two – day State	1.Shri.D.Thiyagaraja Guptha,

27.09.2019	Member	(Autonomous), Trichy  & Patent Information Center, Tamil Nadu State Council for Science & Technology		Level Technical Workshop on “Intellectual Property Rights”	Asst. Controller, Patent Office, Chennai. 2.Mrs.B.Lakshmi, Senior Examiner of Trade Marks &Geographical Indications Trademark Registry, Chennai. 3.Ms.Gomati Padma Thilaga Regd. Patent Agent, KIRAN-IPR (Women Scientist- C) 4.Mr.T.Srinivasan Joint Partner Lakshmikumaran and Sridharan, Chennai
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#### 16. Details of Orientation / Refresher Course Attended:

Date	Title of the Course	Organizer
13/11/2015 to 10/12/2015	90th Orientation Programme	Bharathidasan University
05/01/2022 to 11/01/2022	UGC – Sponsored online Short term Course – E Learning and E Content Development	Human Resources Development Center - Bharathidasan University

#### 17. Details of Study Materials / Books written and published:

##### Book Chapter

- Published a paper entitled “Development and Evaluating the acceptance of Flaxseed based product for the Adult Women (45-60yrs) with Breast Cancer”, Published by Department of Nutrition and Dietetics & B.Voc. Food Processing, Sethalakshmi Ramaswamy College (Autonomous), Trichy, Pages 179-183, ISBN: 978-93-5396-575-4.
- Published a paper entitled “Microbial Analysis of Barley Grass Based Malt” in Book EMERGING TRENDS IN FOOD, NUTRITION AND HEALTH, Published by Department of Nutrition and Dietetics & B.Voc. Food Processing, Sethalakshmi Ramaswamy College (Autonomous), Trichy, Pages 200-203, ISBN: 978-81-945796-2-5.
- Published book entitled Multiple Choice Questions in Home Science for Competitive Examinations, Published by Ryan Publishers, ISBN : 978-81-19587-05-06, EISBN – 978-81-19587-06-3



- Published a Paper entitled “Development of Millet based reconstitute energy drink powder for Women Athlets” in Book Recent Trends in Multidisciplinary Research – Volume 2, Published by Ryan Publishers, Pages 83-105, ISBN: 978-81-19587-63-6

**18. Details of Chairing as Resource Person:**

Date	Title of the Seminar/Conference	Session Chaired

**19. Administrative Positions held in the College:**

Nature of Position	Year

**20. Details of In Charge/ Membership in Committees for Autonomous :**

**21. Details of Incharge / Participation in Extracurricular Activities :**

( NSS, NCC, Sports, Games, Voluntary Association and Cultural Activities):

Nature of Activity	Period of Incharge

**22 Details of Participation in Consultancy, Training, Development etc..:**

**23.Details of Membership in Academic Bodies/ Board of Studies and Reviewer:**

Associate Editor/Reviewer of International journal of Health and Pharmaceutical Research.

Board of Studies member in Bharathidasan University, Trichy

**24. Details of Membership of Professional Bodies:**

Life Member in Indian Dietetic Association Chennai Chapter

Life member of Nutrition Society of India

**25.Countries visited academically: -NIL**

**26. Any other information if any**

**Extension Activities**

S. NO	ACTIVITY	DATE
1	Lecture on Arokiya uttalukkana, arokiya unavu. (healthy food for healthy life )	30.09.2014
	Nutritional Management Of Obesity at Kamala Niketan Higher Secondary School.	29.08.2015

3	Healthy Food for Healthy Life at Sevai Shanthi Matriculation School.	15.01.2016
4.	Cauvery matriculation Higher Sec.School, Trichy & Cauvery Global Sr.Sec.School	04.09.2018
5.	Beware of Junk Food at Periyar Centenary Memorial Matriculation Hr.Sec.School	30.10.2018
6.	Lecture on Combating Malnutrition at Cauvery College for Women (Autonomous) in Association with NSS and PG and Research department of Social Work.	14.03.2022
7.	Lecture on Health Benefits of Millets at Cauvery College for Women (Autonomous) Trichy in association NSS Bharathidasan University, District Level Neighbourhood Youth Parliament and Sports Material Distribution Function.	25.02.2023

### **E-Content Developed**

S.No.	Title	You Tube Link
1.	Major types of Research (14.06.2020)	<a href="https://youtu.be/YjYd1tf5wd4">https://youtu.be/YjYd1tf5wd4</a>
2.	Vitamin D (28.07.2020)	<a href="https://youtu.be/GCzC1Op_P4Q">https://youtu.be/GCzC1Op_P4Q</a>